

# The NEWSLETTER for the WOMAN on a quest to find the TRUTH



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**"How we spend our days is, of course, how we spend our lives."**

**Annie Dillard**

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## Good day dear reader!

Approaching the end of December, soon 2009 over, I offer you a gift I receive and wish to share with all of you.

We all have had great moments, some not so great and everything in between. I can only hope you all did your best to understand those moments and heal them as best you could.

I leave you with my blessing for this end of 2009 and beginning of 2010 with the deep hope that one day, the positive critical mass will help this beautiful planet promote only what is best for all.

## The power of blessing \*

'Just before Thomas Edison died, he was asked : « What is electricity ? » He then answered: « I do not know but it is here, use it! » It is exactly the same with the act of blessing: it works, no matter why!

### But what does it mean 'to bless'?

**Why bless others?  
What to bless?**

First off, the verb 'to bless' means 'to tell something good about... to wish good for... see the good, think good or wish the best...'

It is the act of wrapping someone or a situation with light.

It is therefore not only a unique spiritual connotation, as we best know it. As for the verb 'to harmonize' it simply means to 'render harmonious'.

### Here are few of its benefits:

– Blessing removes all stress and the heavy burden from a situation.

We no more have to think about solutions, to search for a way to resolve or try to get away from it.

It is as if from within, we were able to disengage all disharmonious situations in order to establish a perfect and total harmony.

– Blessing generates a deep peace within us, a quiet strength and a formidable energy.

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– Blessing heals all resistances, it shrinks all obstacles that we face on our path and allows us to change the path of things with harmony.

– Blessing multiplies positive things in our lives and grants us an inner firmness.

– Blessing allows us to help at a distance, to pacify others and watch the impossible happen.

### **In which fields may we apply blessing?**

On spiritual, mental, personal, physical, professional, finances, material fields, in relationships, love and family, and so on...

### **How and what to bless?**

One only has to repeat the phrase: 'I bless you and harmonize you.' ... and add the person, subject or object you wish to bless.

### **In short, we can bless everything without exception:**

People, objects, situations, and that is possible wherever we are. It is an extraordinary tool that can transform all facets of our life.

\* Source:

Madeleen DuBois, author of : *Le Pouvoir de la bénédiction...*  
[www.lespasseurs.com](http://www.lespasseurs.com) (Translation by Pauline Houle)

Warmly:

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