

The NEWSLETTER for the WOMAN on a quest to find the TRUTH



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"Know that although in the eternal scheme of things you are small, you are also unique and irreplaceable, as are all your fellow humans everywhere in the world."

Margaret Laurence

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Good day dear woman and man reader!

This month, I invite you to reflect upon your inner Goddesses.

Although many authors will reveal dozens of them, I will bring in only six that I consider fundamental for us (as well as for men).

I have had the pleasure in the past to study them more thoroughly and with the gracious consent of Dr. Roger Woolger, who wrote *The Goddess Within*, I have imported them within *A Healing Journal for the Mind, Body and PMS* that I wrote following my first book on PMS.

Although the questionnaire is far too long to bring back within this newsletter, I invite you to read a brief description of each one and allow your inner wisdom to reconnect as you read.

Description of the goddesses

The Athena woman

She is ruled by the goddess of wisdom and civilization and is concerned with achievement, career, education, intellectual culture, social justice, and politics.

The Aphrodite woman

She is ruled by the love goddess and her chief concerns are relationships, sexuality, intrigue, romance, beauty, and the inspiration of the arts.

The Persephone woman:

She is ruled by the goddess of the underworld; she is mediumistic and is attracted to the spirit world, to the occult, to visionary and mystical experience, and to matters associated with death.

The Artemis woman:

She is ruled by the goddess of the wilds; she is practical, athletic, and adventurous; she likes physical culture, solitude, the outdoors, animals, and

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is concerned with the protection of the environment, alternative life-styles, and women's communities.

The Demeter woman:

She is ruled by the corn goddess; she is an earth mother who loves bearing, nurturing, and raising children; she is concerned with all aspects of childbirth and women's reproductive cycles.

The Hera woman:

She is ruled by the queen of heaven; she is concerned with marriage, partnerships with men, and with issues of power wherever women are rulers and leaders.

Questionnaire for Women

Read each declaration and evaluate what percentage you believe represents your reality. You also can ask your partner or husband to compare his notes afterwards. Another moment of intimacy to be shared.

Questionnaire for Men

Read each declaration and evaluate what percentage applies to your spouse, girlfriend or even the type of partner you would feel most attracted to.

Have great fun doing so and I wish you a wonderful early Winter.

NEXT MONTH: A surprise! Or some of your suggestions?

Warmly:

Pauline Houle - Therapist – author

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