

# The NEWSLETTER for the WOMAN on a quest to find the TRUTH



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**'Be changed  
and the world  
around you  
begins to  
change.'**

**Gerald Epstein:**  
Doctor and pioneer in  
healing through mental  
imagery

**[Yale University](#)**

**[Research on PMS -](#)**

**[Dr. Yonker.](#)**

**Good day dear woman and man reader!**

This month, I address this topic to both women and men, for we both produce hormones and even though we each have our own intimate ones, we also produce some that are very similar.

I introduce a reality that comes out of the invisible world. For quite a while now, I have shared how our emotions can be invisible and will appear in our bodies through our symptoms, even if we are not aware of them. This time, I will talk about Electromagnetic fields (EMF) and their influence on our health, even if we are not aware of them.

I will at least put you on a health track to continue researching if you so desire. Let's talk about these famous Electromagnetic fields.

## **New realities**

More and more, our modern society brings about helping hands of all kinds; from our kitchens to our communication devices, we can reach and talk to someone across the world within seconds. All this modernization cannot happen without the explosion of transmission towers, energetic and magnetic fields that abound all over. We have been bombarded from everywhere even if we are not aware of it.

Never in the past have human beings been so massively attacked with electromagnetic radiations and energies of all sorts. And even if you are like me, using a cell phone but a few minutes a month, our neighbor using his has an effect on us without us being conscious or aware of it. It has become almost impossible to savor a beverage at the corner Cafe without being part of cyberspace. In short, scientists call it: **The Electromagnetic Pollution**

Now, you may ask what do Electromagnetic Fields (EMF) have to do with PMS? And with you gentlemen? Read on!

I believe fate has led me to bring this information to you this month. Fate took me to read an article, which I will not reproduce in whole here but rather in short excerpts, giving you precious information so that you decide whether or not to push your investigation further, or at least to know there is something of importance to look at regarding some dangers to our health.

In an American magazine *Total Health*,<sup>[1]</sup> the author Sherrill Sellman ND, informs us

of the following:

*"...artificially created EMF's are 100-200 million times greater than what existed just two generations ago." "Constant interference with our natural energy field from external sources of EMF's can eventually damage our own fields, resulting in many physiological imbalances..."*

She adds that:

*"Dr. Robert O. Becker[2], MD and researcher, ... believes that radiation, once considered safe, is now correlated with increases in cancer, birth defects, depression, learning disabilities, Chronic Fatigue Syndrome, and Alzheimer's disease."*

Furthermore, she adds:

*"Researchers are increasingly surprised at the extent of the physiological processes that are either controlled or influenced by melatonin: it regulates our circadian rhythms... and is one of the most efficient destroyers of free radicals... .. Melatonin not only inhibits the release of estrogen but also actually suppresses the development of breast cancer."*

If you conduct your own research, you will discover how much melatonin is important throughout the day in helping us maintain a healthy life.

Also:

*"... in 2001, Masami Ishido, at Japan's National Institute National for Environmental Studies, showed that breast cancer cells treated with melatonin would resume growing when exposed to power-frequency EMF's. He found that magnetic fields disrupt the cells' signaling system, their internal communications which determines how they respond to their environment."*

Sherrill Sellman also reports that:

*" ... This mechanism has helped to explain why reduced melatonin levels from EMF's have shown to cause a number of cancers, including breast cancer, prostate cancer, melanoma and ovarian malignancies."*

Here is another research from Dr. Patricia Coogan from the Boston University of Public Health where she reported that:

*"... a 43% increased risk in women with a high likelihood of occupational exposure to magnetic fields such as those given off by mainframe computers."*

**AND NOW FOR OUR MEN, READ ON WHAT DR. COOGAN SHARES:**

*"... In five studies, elevated EMF's have been implicated in an increased incidence of male breast cancer."*

Finally, Charles Graham conducted a research saying that:

*" ... EMF's have an effect on two other hormones: they increased estrogen levels and reduced testosterone, a risk factor for testicular and prostate cancer."*

I will stop here regarding all other hormones that are shuffled around by these EMF's, but needless to say that I have been shaken enough to share this with you, all because at the end of the line, Charles Graham concludes by saying:

*"EMF's also increase the levels of adrenaline, the flight or fight hormone..."*

On a last note, Dr. B. Blake Levitt, author of *Electrical Fields* declares that:

*"Prolongs chronic stress is detrimental to every anatomical system, including the reproductive one. Subliminal stress may affect fertility and elevate blood pressure, which can lead to heart disease and strokes, as well as suppressed immune function."*

Now, on that note, I thought I would bring in a dear lady friend who is well versed in the subject and has been interested in holistic solutions for our health in general. Here is Anne Drolet, an experienced massage therapist, giving conferences on Stress Management, Health and Well Being solutions.

**Pauline:**

Anne, I know you are deeply involved in bettering our health and living conditions.

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Pauline on Migraines...](#)

You also know all the repercussions that EMF's have on our health and I know you have solutions to propose to all of us. I invite you to share that precious information.

**Anne:**

I like to share an analogy that everybody understands. When it comes to protecting ourselves from sunrays and their ill effects on our health, we either protect ourselves with layers of clothing, hats, sunglasses or a multitude of sunscreen creams so we avoid being burned by the sun.

Now as regards EMF's, our scientists are discovering more and more what damages these waves produce on us but within the population at large, we are still very ignorant about their negative effects on our health, such as chronic fatigue, insomnia, lack of concentration, eye vision problems, hearing problems, skin problems, stress... and it is only the beginning without talking about tumors and cancers. The way we protect ourselves against sunrays is a good analogy since we must envisage protecting ourselves from EMF's in the same fashion, that is to say with a global protection as well as from other means of actions.

As regards to such protection Pauline, I wish to propose solutions found by BIOPRO Technology, specifically as regards their global protection.

Our own natural bioenergetic field may become jeopardized by these radiations and that is why BIOPRO has created a pendant which, thanks to ERT, (Energy Resonance Technology) allows our body an increased resistance and therefore a better immunity.

Everyday, we use cell phones, cordless phones, accessories and electrical instruments such as television, microwaves which emit EMF's and radiations. BIOPRO has developed chips that contain both technologies, ERT and MERT (Molecular Resonance Effect Technology) which can be installed on each instrument and reinforce the pendant we already wear on ourselves.

As an example, cordless phones we have in our homes already have their own emitting tower of EMF's and give out negative energies. It has been proven that if we put a chip on that 'in-house' emitting tower, we counteract the negative effects while it is still possible to use such phone without the negative waves that come from its' usage. We have electrical wiring through our walls and as such, BIOPRO has come up with a '*Home harmonizer*' that we can plug in an electrical outlet to counteract all negative effects of EMF's.

The Nanotechnology as well as the Energy Resonance Technology assist us in alleviating the cumulative stress associated with living in today's electronic environment. All EMF's cause damage at a cellular level and there are means to reverse all these negative effects.

BIOPRO has come up with a beverage specifically conceived to counteract and eliminate the toxins we have accumulated for so many years, allowing the cellular membrane to soften and eliminate toxins that became jailed from the negative effects of EMF's. They also have vegetable and fruit supplements that address the same protection and feed at a cellular level.

Yet again, this MERT technology (Molecular Resonance Effect Technology) demonstrates without fail that we now have a choice to keep ourselves healthy and fight against the destructive effects of EMF's.

I wish finally to speak about their '*Activated water or lwater*' and there is so much to be said about this. Many articles could be written. The results from hydrating ourselves with this water are simply phenomenal!

I wish to propose to you, Pauline, on your next Newsletter, that I come back and share how that technology came about. A Russian initiator and researcher, Dr. Igor Smirnov, was called upon to research and understand why some people exposed to the Chernobyl nuclear explosion survived much better than others, and how they did so from drinking a very specific type of water. Dr. Smirnov succeeded in reproducing

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this same activated water and BIOPRO has marketed it. We call it the '*Intelligent water*'.

Experiments have demonstrated surprising effects over general health and skin problems, dryness while having an anti-aging effect, etc.

**Pauline:**

I would be happy to do so. I feel my members will appreciate discovering effective products helping them keep and maintain their health.

**Anne:**

In the meantime, you can visit these sites that are full of experts' testimonies as well as being explicit and instructive.

[http://www.mybiopro.ca/Product\\_Overview.aspx?ID=annedrolet](http://www.mybiopro.ca/Product_Overview.aspx?ID=annedrolet)

<http://www.emfhealthsolutions.com>

<http://www.mybiopro.com/annedrolet>

My Phone number: 514-912-8597

**Pauline:**

Let's reconvene at a later date where you can show us a chronology of pictures of a healing from a simple application of the water you shared with me?

**Anne:**

Yes, and I cannot wait to talk about all this with all of you. Until then...

**Pauline:**

Thank you so much, Anne; looking forward to meet with you again soon.

NEXT MONTH: The curative powers of water and lwater.

Warmly:

*Pauline Houle* - Therapist - author

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[1] TOTAL HEALTH Volume 28, No.1 Sherril Sellman, ND.

[2] Becker, O. Robert. *Cross Currents: The perils of Electro pollution.*