

# The NEWSLETTER for the WOMAN on a quest to find the TRUTH



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**"What would you do  
without God?"**

**Pauline Houle**

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**Good day dear reader!**

This month I bring in a proposal to read a book. I trust that after you have read such story, you will be left nurtured with a very different depth of thought and peace regarding God.

The book is: *The Shack* by WM. Paul Young.

The said book was referred to me by a client I knew enjoyed 'deep' reading. Thanks to P who gave it to S who told me about it.

Goes without saying that I urge you all to get that book. It is the story of a father who loses his young daughter and in the midst of his disarray, uncontrollable sadness and furious anger, gets offered an appointment with God!

I could refer you to read hundreds of books, everyone better than the last, but *The Schack* really contributed to enlighten me and finally put an end to some unconscious unresolved ghosts from my distorted Judaeo-Christian teachings in my youth. I really had thought I was done with those distortions but No! Some remaining onion peels, as I like to call them...were still very alive.

It is in the midst of reading this book that I have been able to become at peace with whom God, Jesus and the Holy Spirit are. Never in my past had I met such a beautiful teaching. Nor had I ever been able to understand the mystery of the trinity but rather had been left with a bunch of misconceived results to avoid and finally clean up.

Without selling the story any further, I invite you to reflect upon your own beliefs regarding these three symbols, take good note of your comprehension of them all and then read the book.

Jesus is loud and clear in that book, his Church is not the church you and I

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have been taught about. Thank God!

I invite you to share your thoughts and comments so I can bring them in my next project in order to help others on the path of finding the truth.

Finally, I invite you to take place within that book **as if you were having those conversations with God, Jesus and the Holy Spirit** and see how you will feel with their answers. Who would not have really enjoyed meeting with either one of them when we went through a trauma, or any other troubling experiences served to us?

I really wish you a voyage within like no other before.

I await your discoveries and comments.

I wish you a warming month of May.

**NEXT MONTH: A surprise!**

Warmly:

***Pauline Houle*** - Therapist – author

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